CLAIMS

I claim:

1. A flotation device to enable a person to float with minimal effort in a body of water, comprising:

a central section having a first and second opposite ends, wherein the central section is adapted to fit between a person's legs;

a front and a rear flotation pack, wherein the front pack has a first and second opposite sides and a lower and upper end, wherein the rear pack has a third and fourth opposite sides and a lower and upper end, wherein the lower end of the front pack is attached to the first opposite end of the central section, and the lower end of the rear pack is attached to the second opposite end of the central section; and

an adjustable connection means, wherein the adjustable connection means reversibly connects the front and rear flotation packs,

whereby the flotation device can be fitted to a person by placing the central section between a person's legs and the front and rear flotation packs respectively to the front and

rear of the person's trunk using the first and second reversible connection means thereby allowing the person to float with minimum effort in a body of water.

- 2. The flotation device of claim 1, wherein the first flotation pack has an outer face comprising a pocket, whereby the pocket enables a person floating in water to keep items secure.
- 3. The flotation device of claim 1, wherein the first flotation pack has an outer face comprising a pocket defining at least one ventilation hole therein, whereby the pocket enables a person floating in water to keep items secure therein and upon emerging from the water the pocket is able to drain of water via the at least one ventilation hole and thereby permit faster drying of the items.
- 4. The flotation device of claim 1, wherein the central section, front and rear flotation packs are covered with nylon #2 neoprene thereby providing a soft and comfortable feel when the flotation device is worn by a person.
- 5. The flotation device of claim 1, wherein the central section, front and rear flotation packs are covered with two-

millimeters of nylon #2 neoprene thereby providing a soft and comfortable feel when the flotation device is worn by a person.

- 6. The flotation device of claim 1, wherein the central section comprises a flotation material.
- 7. The flotation device of claim 1, wherein the central section comprises a flotation material made of urethane closed cell foam.
- 8. The flotation device of claim 1, wherein the central section comprises a flotation material made of urethane closed cell foam that complies with U.S. Coast Guard requirements under UL 1191.
- 9. The flotation device of claim 1, wherein the front and rear flotation packs each comprise of urethane closed cell foam.
- 10. The flotation device of claim 1, wherein the front and rear flotation packs each comprising urethane closed cell foam that complies with U.S. Coast Guard requirements under UL 1191.
- 11. The flotation device of claim 1, wherein the adjustable connection means comprises at least one strap defining a distal end attached to a plug member, and at least one strap with a distal end terminating in a socket member.

12. The flotation device of claim 1, wherein the adjustable connection means comprises at least one $VELCRO^{TM}$ attachment and release system.

13. A flotation device to enable a person to float with minimal effort in a body of water, comprising:

a central section having a first and second opposite ends, wherein the central section is adapted to fit between a person's legs;

a front and a rear flotation pack each comprising urethane closed cell foam, wherein the front pack has a first and second opposite sides and a lower and upper end, wherein the rear pack has a third and fourth opposite sides and a lower and upper end, wherein the lower end of the front pack is attached to the first opposite end of the central section, and the lower end of the rear pack is attached to the second opposite end of the central section; and

an adjustable connection means having a first and second mating straps with proximal and distal ends, wherein the proximal ends of the first and second mating straps are respectively attached to the first and second opposite sides of the front flotation pack, wherein the second mating strap is sufficiently long to wrap around the rear flotation pack and its distal end mate with the distal end of the first mating strap and thereby reversibly connect the front and rear flotation packs,

whereby the flotation device can be fitted to a person by placing the central section between a person's legs and the front and rear flotation packs respectively to the front and rear of the person's trunk using the first and second reversible connection means thereby allowing the person to float with minimum effort in a body of water.

- 13. The flotation device of claim 13, wherein the central section, front and rear flotation packs are covered with nylon #2 neoprene thereby providing a soft and comfortable feel when the flotation device is worn by a person.
- 14. The flotation device of claim 13, wherein the central section, front and rear flotation packs are covered with two-millimeters of nylon #2 neoprene thereby providing a soft and comfortable feel when the flotation device is worn by a person.

16. A flotation device to enable a person to float with minimal effort in a body of water, comprising:

a central section having a first and second opposite ends, wherein the central section comprises a flotation material made of urethane closed cell foam, wherein the central section is adapted to fit between a person's legs;

a front and a rear flotation pack each comprising urethane closed cell foam, wherein the front pack has a first and second opposite sides and a lower and upper end, wherein the rear pack has a third and fourth opposite sides and a lower and upper end, wherein the lower end of the front pack is attached to the first opposite end of the central section, and the lower end of the rear pack is attached to the second opposite end of the central section; and

an adjustable connection means, wherein the adjustable connection means reversibly connects the front and rear flotation packs,

whereby the flotation device can be fitted to a person by placing the central section between a person's legs and the front and rear flotation packs respectively to the front and rear of the person's trunk using the first and second reversible

connection means thereby allowing the person to float with minimum effort in a body of water.

- 17. The flotation device of claim 16, wherein the central section, front and rear flotation packs are covered with nylon #2 neoprene thereby providing a soft and comfortable feel when the flotation device is worn by a person.
- 18. The flotation device of claim 16, wherein the central section, front and rear flotation packs are covered with two-millimeters of nylon #2 neoprene thereby providing a soft and comfortable feel when the flotation device is worn by a person.